

Infant Health Checkup Program



Infant health checkup differs from adult health checkups and the role of the caregiver is especially crucial!

The National Health Insurance Service provides age-appropriate health checkups (including physical measurements, health education, developmental assessment, and counseling) for infants and young children from 14 days to 71 months old. These checkups consistently monitor growth and developmental milestones to help protect children's health.

Overview

- ▶ **Eligibility:** Infants and young children under the age of 6 (Health insurance subscribers and medical aid beneficiaries)
 - ▶ **Goal:** Monitor the infant and young child's growth and developmental milestones
 - ▶ **Type:** General infant health checkup (including developmental screening) and dental checkups
 - ▶ **Out-of-pocket:** Free of charge if the checkup is within the designated period
- ※ The infant and young child health checkup result notifications may be used for submission to daycare centers and kindergartens.

Checkup frequency

| Frequency | 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th |
|----------------|---------------------------|---------------|----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| Health checkup | 14 to 35 days after birth | 4 to 6 months | 9 to 12 months | 18 to 24 months | 30 to 36 months | 42 to 48 months | 54 to 60 months | 66 to 71 months |
| Dental checkup | - | - | - | 18 to 29 months | 30 to 41 months | 42 to 53 months | 54 to 65 months | - |

Targeted conditions

| | Checkup areas* | Checkup method |
|---------------------------|--|---|
| Growth disorders | Developmental delay, overweight, obesity, microcephaly (abnormally small head), and macrocephaly (abnormally large head) | Physical measurements: Height, weight, and head circumference |
| Developmental abnormality | Intellectual disability, autism spectrum disorder, cerebral palsy, language disorders, and behavioral disorders | Developmental test |
| Accidents | Traffic accidents, sudden death during sleep, domestic accidents, drowning, and poisoning | Safety education and sleep education |
| Nutrition | Malnutrition and overnutrition | Education on nutrition |
| Hearing abnormality | Hearing loss | Hearing screening questionnaire |
| Visual impairment | Congenital cataract, amblyopia (lazy eye), strabismus (crossed eyes), myopia (nearsightedness), and astigmatism | Visual function questionnaire and visual and eyesight examination |
| Dental disorders | Dental caries, gingival enlargement, and tooth abnormalities | Dental examination and oral health education |

*Checkup areas: Refers to diseases that can be prevented through health checkups

Checkup procedures

1 Find a health checkup institution

Please be sure to make an appointment in advance and complete the checkup within the available period, as appointments may fill up early depending on the health checkup institution.

- Website (www.nhis.or.kr) → Health MOA → Find Health Checkup Institution/Hospital
- Mobile app (The Health Insurance) → Health MOA → Find Health Checkup Institution/Hospital (Clinic)

2 Application

Please bring the caregiver's ID or health insurance card

3 Fill out the questionnaire/developmental screening test form

Complete the questionnaire/developmental screening test form in advance via website/mobile app or at the health checkup institution on the day of the checkup.

▶ Completing the questionnaire/developmental screening test form in advance

- NHS website (www.nhis.or.kr) → Health MOA → Family Health Management → Login with Certificate → [Complete the Questionnaire/Developmental Screening Test Form](#)
- Mobile app (The Health Insurance) → Health MOA → Children's Health (Checkup) → Login with Certificate → [Complete the Questionnaire/Developmental Screening Test Form](#)

※ This service is available only when the relationship between the infant/young child and the caregiver (legal representative) can be verified.

<Multilingual Questionnaire and Developmental Screening Form Guide for Multicultural Families>

Website (www.nhis.or.kr) → Civil Services → Civil Service Guide → [Download the forms from the Forms menu](#), fill them out, and submit them to the health checkup institution.

4 Health checkup

The infant and young child health checkup will correspond to your child's age in months.

5 Receive health checkup result notification

After the checkup is completed, the health checkup institution will send you the results notification.

Financial support for in-depth developmental assessment of infants and young children

- ▶ The state and the local governments provide financial support for in-depth developmental assessment of infants and young children who have been recommended for "in-depth evaluation" based on their developmental screening results.

※ For details on the eligibility and supported amount, inquire at the nearest public health center

▶ Find the health checkup hospital/clinic

- Website (www.nhis.or.kr) → Health MOA → Find the Health Checkup Institution/Hospital → Hospital/Clinic Information → [Find the Medical Institution for In-depth Developmental Assessment of Infants and Young Children](#)

Inquiries

▶ Inquiries about the program (National Health Insurance Service)

- ☎ 1577-1000 (shortcut number 6 for consultation in other languages)
- ☎ 033-811-2000 (consultation available in English, 中國語, tiếng Việt, O'zbekcha)

▶ Interpretation and translation services for multicultural families (Korean Institute for Healthy Family)

- ☎ 1577-1366 (Danuri Call Center)